

Advocacy Menu

Lighter Fare



Follow IPHA on Facebook , LinkedIn , and Twitter	2 minutes
Identify your elected officials	2 minutes
Sign up for APHA action alerts and legislative updates	2 minutes
Check your voter registration status (or REGISTER!) at Indiana Voters.com and mark your calendar for the 2022 elections on May 3 and November 8	4 minutes
Enter your elected officials' contact info into your phone	5 minutes

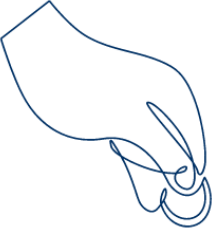


Classics

Contact your elected officials and provide information and perspective on an issue you care about	10 minutes
Donate to the advocacy work of IPHA as we support and defend public health	10 minutes
Invite others to join IPHA and register to vote	15 minutes
Familiarize yourself with APHA Speak for Health resources and other partner materials	30 minutes
Write a letter to the editor or op-ed for local media	45 minutes
Volunteer your time to help a candidate, cause, or organization	60 minutes



Family Style



Encourage civic participation among friends, colleagues, partners, and neighbors	15 minutes
Host a gathering of friends and partners to inform others about priority policy issues and opportunities to advocate	1-2 hours
Attend a town hall, listening session, or candidate forum and ask about important topics. Sample questions and guidance are available here.	1-2 hours
Participate in policy forums and statehouse advocacy days	2-4 hours

